

# The Study Cycle

[www.utexas.edu/student/utlc](http://www.utexas.edu/student/utlc)



## Preview



## Prepare for Success

- Use syllabus to identify relevant text/notes to preview
- Take 10-15 minutes to look over chapter headings, keywords, diagrams, summary
- Formulate questions you want to answer

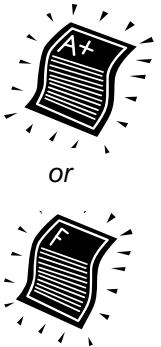
- Think realistically and manage time with a study schedule
- Study when and where you're most alert
- Analyze returned tests

## Read / Take Notes

- Use Cornell System during lecture
- Listen or read actively: find answers to your questions
- Synthesize lecture and reading material

## Test

- Arrive early to reduce anxiety
- Do your job: think as clearly as possible, based on what you currently know
- For multiple choice, cover answers and generate your own response



## Review

Continue using Cornell format ...

- 1) Identify**
  - Identify gaps or misunderstandings
- 2) Clarify**
  - Fill-in gaps using resources such as text, TA, instructor, fellow students, tutor, etc.
- 3) Summarize**
  - Identify main ideas and put them in your own words

## Self-Test

(Keep levels of learning in mind: see Bloom's Taxonomy)

- 1) Rehearse**
  - Do practice problems
  - Boost memory with repetition, mnemonic devices, etc.
- 2) Elaborate**
  - Explain ideas aloud (to self or other)
  - Write and answer practice test questions
- 3) Apply**
  - Challenge yourself to apply the knowledge to problem-solving, or real-world situations



## Organize

Create outlines, charts/tables, concept maps, flowcharts, diagrams to illustrate relationships (i.e., similarities, differences, thematic comparison, hierarchy, chronology, cause/effect, part/whole, etc.)



Seek out resources you need along the way ...

UT Learning Center

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